## Senior Leadership Retreat 2025 Workshops

This year for Senior Leadership Retreat, youth will be sorted into workshop track color groups. In each of the color groups, youth can participate in career resource workshops: Natural Resources (e.g. conservation, forestry etc.), Air Force and Peace Corps, as well as workshops in leadership skills, personal growth, conflict resolution, stress management, team building and community service.

Workshops for Senior Leadership Retreat 2025 are as follows:

## **Friday**

- Speak and Swing: Expand your dancing skills as we learn to have fun and conversate.
- **4-H Jeopardy**: Test your 4-H knowledge with a fun game of 4-H Jeopardy. Two teams will compete in a fun 4-H head to head, in one of America's favorite game shows!
- **Pitch a Project**: Has anyone ever asked you a 4-H question on the spot without realizing how long the answer would be? This workshop will show you how to present a topic quickly and effectively.
- **Shine with Communication**: Make your communication skills shine in this workshop. Through multiple fun games you have the opportunity to gain memories and skills that will last a lifetime.
- Path to Positivity: Learn teamwork and good sportsmanship through fun! Compete in funny activities.
- Personalities in Full Color
- Leadership Lab
- Glorieta Activity

## **Saturday**

- Wings of Opportunity: US Air Force Journey
  - Learn about the Air Force and what it has to offer.
- How to Measure the Forest: New Mexico Forest & Watershed
  - Learn about the forest
- **Healthy school life balance:** State 4-H Department

- From Stress to Strength: State 4-H Department
- **AgVenture Career Search:** Ag in the Classroom
- Reconstructing a Forest History: Taos County extension
- **Speed Dating Careers:** Ag in the Classroom
- From Classroom to Community: Peace Corps
- **Ripples of Change:** Conservation Science Center
- Living in a Rad World: Los Alamos National Labs
- The Power of Choice: Socorro County Extension

## **Sunday**

• Welcome Bags: Community Service Workshop