## New Mexico State University College of Agricultural, Consumer and Environmental Sciences







Since 1912, youth participating in NM 4-H have been involved in a variety of programs that build life skills including teamwork, service learning, resiliency, communication, and leadership.

## 4-H is...

- The largest youth development program in the world.
  - Available to youth in all NM 33 counties.
  - Developing productive citizens and future leaders!

In 2023, over 4,700 NM youth participated in community 4-H clubs. Over 30,000 youth were reached through special interest and school enrichment programming areas. Some of the topics and reach include:



Ag Literacy/Awareness - From the time we wake up to the time we go to bed, we are involved in agriculture. The population must be educated about the importance, safety and efficiency of American agriculture. Ag Literacy and awareness programs were presented to over 7,000 NM youth.

**Health and Nutrition** - NM ranks 44th in Health according to the 2023 Kids Count Data Book. Health, including mental health, and nutrition programs were presented to over 1,750 NM youth.

**Leadership** - The NM 4-H program is preparing the next generation of leaders. Leadership programming reached over 1,500 youth.

**STEAM** - Science, Technology, Engineering, Arts/Agriculture, Math - Youth have an opportunity to explore their interest in one or all of the STEAM topic areas with over 600 youth participating in 2023.

**Career Exploration** - Exposure to career opportunities helped youth learn how to chart clear education and occupation goals. In 2023, over 960 youth gained skills related to career readiness and engaged in career exploration.

The National 4-H preliminary results of the 2023 Career and College Readiness study indicate:

- 95% of youth think about how their choices affect others
- 95% of youth are comfortable being a leader



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