



ANS Day Camp Sample Schedule

Time		Workshop
8:15-8:30		Welcome
1	8:40-9:30	Personal Responsibility
2	9:40-10:30	Strengths, Skills and Personalities
3	10:40-11:30	Self Determination
11:30-12:20		Lunch
4	12:30-1:10	Managing Stress and Test Anxiety
5	1:20-2:10	Teamwork and Collaboration
6	2:20-3:10	Goal Setting & Time Management
3:10-3:30		Wrap-up and Evaluations

NMSU College of Agricultural, Consumer and Environmental Sciences

4-H and Youth Development

AGGIE NEXT STEP: POST SECONDARY SUCCESS

